I believe it is important for all people to take a minute and ask themselves if there is one actionable step they can take to help either stop further damage to our precious environment or if there are ways they can bring awareness to critical issues at hand to improve existing conditions worldwide. It is not enough to hope that issues that threaten our world and its natural conditions and resources will change. I know if people stop and evaluate how their actions currently affect our environment and our future generations, they will feel compelled to be the change that will change our world for the better.

I feel I can bring some ideas to the table and be proactive in the local community. With my can-do approach and getting members of the public to join in local initiatives.

Kindest regards Benjamin Poole

I am interested in applying to be a lay member of Lowestoft Town Council's climate committee.

I have a strong interest in climate change and how we all need to make changes to reduce the impact going forward. I try to reduce my own impact and try to promote nature in my garden. Assess to nature is important to all our emotional and mental health and as such it should be assessable to all. I have only been living in Lowestoft since July last year and would like to contribute to my new hometown. I feel privileged to live in such a lovely location by the sea with a vibrant community. However, I am aware that Lowestoft's location makes it more vulnerable as sea levels rise making long term and thoughtful planning even more important.

As a social worker I see the impact of social inequalities and poor-quality housing on the most vulnerable in our society. I feel strongly that good local decision making can positively impact the local community while also safeguarding our environment in the long term.

Thank you for considering my application and I look forward to hearing from you.

Kind regards, Cathy Williams