

Item 9 – Advice from East Suffolk Norse regarding the provision of adult outdoor gym equipment

Outdoor gym equipment offers an alternative activity for park users but are really aimed at adults, as such recommendation say it needs to be position a little distance from play spaces. I don't think that would be a problem at Normanston!

We've installed a few bundles of kit now and within parks they do seem to be used well by some groups. From experience I don't think they will ever be swarmed over but if you have a good turn over of visitor they will no doubt be used, so Normanston is arguably the best location.

Most play company suppliers offer a range, the last ones we had installed were for Carlton Colville so there is an example over a Carlton Meadow Park if you wanted to take a look. They went for a cluster which personally I think works best although some do spread them around to form a trail. This was from HAGS and kit and surface was approx. £20k



Football pitches take up a lot of space but there is potential on the eastern side (below skate park and west of path) alternatively you are looking to the west end near the basketball goal (potential either side of the path).

Happy to talk more if/as this progresses.