



HEALTH & WELLBEING EVENT

LOWESTOFT JOBCENTRE

Wednesday 3rd July 10:00-12:00

At Lowestoft Jobcentre

Rishton House,

Clapham Road,

Lowestoft. NR32 1RW

WELLBEING SERVICE TURNING POINT CATALYST ONE LIFE SUFFOLK **LIFT LOUD FOR DANNY** INVOLVE ACTIVE **REMPLOY**

SUE RYDER **GREENLIGHT TRUST** SENTINEL LEISURE WOMEN LIKE ME ALL TO PLAY FOR **SUFFOLK PARENT CARER NETWORK** MUSICAL KEYS

DISABILITY ADVICE NORTH & EAST SUFFOLK LEONARD CHESHIRE DISABILITY **HOME START** FEEDBACK MENTAL HEALTH **O-GO-GO**

REALISE FUTURES **HOMEGROUP** AND MANY MORE...



Come and see over 30 organisations for support for wellbeing, health conditions, volunteering, housing and lots more...