

Post COVID-19 Grant Application Form

Please complete this form and send it with:

- a. Your Equality Policy (and Safeguarding Policy if project relates to young and/or vulnerable people)
- b. Your constitution

to The Town Clerk, Lowestoft Town Council, First Floor, Hamilton House, Battery Green Road, Lowestoft, Suffolk, NR32 1DE or e-mail admin@lowestofttowncouncil.gov.uk

About your organisation. Insert	'yes' or 'no' and/or provide additional information where relevant
Name of organisation	3 Million Steps
Name of account to which payment to be made (explain if not your organisation's name)	3 Million Steps REDACTED
What does your organisation do? (100 words max)	Registered Charity Number 1180230. Brain Injury Charity raising funds to support Brain Injury Sufferers, immediate and long term, rehabilitation, mobility and their very special Carers in the Lowestoft and Waveney Valley areas. Purchase suitable equipment and aides as designated by professional physiotherapist, water exercises, swimming gym membership plus respite for carers and families.
What relevant local area does your organisation cover?	Lowestoft
Who are the main beneficiaries of your work?	Brain Injury Sufferers and their Carers.
Are you a charity? If yes, describe the type of charity If registered, what is the charity number?	A registered charity completely run by unpaid volunteers raising funds through various sponsored events, talks, demonstrations, raffles, car boots, raffles, 1180230
Not-for-profit? If no, describe the organisation	C10.412.00
Organisation income (last	£10,413.00



complete financial year)	
Organisation expenditure (last complete financial year)	£5,014.00
Contact details	
Name	REDACTED
Address	REDACTED
Telephone number/s	REDACTED
E-mail	REDACTED
Position within organisation	Treasurer and Trustee
Explain how you are authorised to make this application on behalf of the organisation	Sponsorship and Fundraising Officer
About your project	
Please provide details of the project and how the project will benefit the people of Lowestoft post COVID-19 pandemic (250 words max).	This project will be known as Side by Side to raise One Million Pennies for the treatment and supporting Brain Injury Sufferers and their Carers. Disabled, stroke victim Zara Dyer and her full time Carer Ian Brown will be walking from St David's Point, Pembrokeshire to Ness Point, Lowestoft, West to East, a mere 500 miles after completing a 1080 mile walk from John O'Groats to Lands' End in 2019. All monies raised will benefit the treatment local Brain Injury Sufferers in our local community.
Total cost of project	£3400.00
Breakdown of cost	Motor Home Hire £2400 and fuel expenses £ 1000.



Grant requested from Lowestoft Town Council	£250	
What specifically would the grant from the Council fund?	Signage on rear of the Motorhome for example " most Easterly Point in the UK" (Promoting Lowes' resort to attract visitors etc)	
Have any funds been requested/agreed from other sources? Provide details	We have £1800 pledged from various Companies donations	and private
When are the funds required?	Prior to May 2021	
Project start date	3 May 2022	
Project completion date	26 June 2022	6
Compliance Agreements (insert intend to comply, insert 'NO'.)	'YES' to indicate your agreement to the questions	below. If you do not
-	use information that you have provided, for the itoring this grant application? You can ask us for se for this purpose at any time.	Yes
Do you acknowledge that if you provide false or misleading information in your application or at any point in the life of any grant, we will provide information to relevant enforcement agencies and take any action to recover any funds and damages, as we deem appropriate?		Yes
Do you authorise us to use information about your project and organisation as part of our publicity and promotion of our grants programme?		Yes
Do you agree to acknowledge the Council appropriately on all of your related publicity and promotional material including posters, advertisements, press releases and leaflets?		Yes
Do you agree not to distribute f than as agreed as part of the gra	unds granted to any other organisation, other ant award?	Yes
Do you agree to report the outo	Do you agree to report the outcome and impact of the grant to the Council as required in the Council's Grant Awarding Policy?	
Do you agree that any grant awarded will only be used for the purpose for which it was given and in compliance with any conditions applied?		



Louiestoft	
Lowestoft REDACTED	
Signed	 Date30 March
2022	

(Signatory must be authorised to act on behalf of the organisation and, if different from the main contact listed above, this should be explained.

Revisions		
Date	Amendment	

PLEASE: ENGLOSED LETTER TO READ



9 Lorne Park Road LOWESTOFT Suffolk NR33 ORD Tel 01502 800106 07411423275 Email lionpeterdyer@hotmail.com

22 March 2022

Consideration for Sponsorship Support.

One Million Steps for One Million Pennies

During 2019 we completed a very a successful Charity Walk in 2019, the JOGLE Challenge, (John O'Groats to Lands' End) a distance of 1082 miles. Now our daughter, disabled and Brain Injured Zara Dyer and her full time carer and partner Ian Brown are now in training for their next challenge.

Starting on the 4th May 2022 they will be walking West to East, from St David's (St David's Point), Pembrokeshire, Wales, to Ness Point, Lowestoft, Suffolk, England, and this time just a mere 500 miles. Hopefully the Mayor/Civic Leader of St David's will be able to start the Charity Walk and perhaps the Lowestoft Mayor will greet then at Ness Point. Zara and Ian are hoping to raise one million pennies for their Registered Charity 3 Million Steps an organisation that supports sufferers of Brain Injuries and their Carers. Funds will be used for further treatment and equipment that is not immediately supplied by the National Health Service on release from Hospital.

Brief History of the Registered Charity 3 Million Steps.

Zara was 29 and working in the Caribbean when she suffered a freak seizure at the wheel of her car causing it to crash. This resulted in a TBI – six bleeds on her brain, paralysis, fractures to her neck, shoulder, back and upper part of her body. She had to be taught how to swallow, talk and walk again. If you want to follow her recovery, please visit: www.3millionsteps.org or the face book page 3 Million Steps. Zara will always suffer some form of disability with walking poles but she keeps smiling. Zara's charity was formed to help other Brain Injury Sufferers and their special carers.



We are hoping that the Council would consider some form of sponsorship for their inspirational 500 miles, 2 month walk as the Charity is locally based in Lowestoft to support local people.

Monies raised will be used to improve the resources and support available to people with Brain Injuries in the Lowestoft area. It is Zara's way of saying thanks for the love and support she received. Sponsorship could be sponsoring the hire motor home which costs £40 per night, walking equipment and clothing or a donation to the Charity to help people suffering from Brain Injuries and supporting their carers. I think it would be a boost to the Town to see Lowestoft mention as the most easterly point proudly displayed on the rear of motor home at they cross the Country.

In return for sponsorship the event, Lowestoft Town Council will receive the following to say thank you; the Council will have an abundant coverage on all social media outlets, Instagram' Twitter on the days that you sponsor Zara, she will ensure that you are mentioned in any press exposure she receives on the walk, details on the Charity website, Council "LOGO" on the support vehicle for the duration of the walk and it will also appear our website and social media.

The route of this charity walk will take them along the South Wales Coast, across the Severn Bridge and through the Counties of South Gloucestershire, Wiltshire, Oxfordshire, Bedfordshire, Cambridgeshire, Norfolk, Suffolk and finally end at Ness Point (the most easterly point in the UK) Lowestoft on 26 June or thereabouts. The actual walking route can be found on www.amillionsteps.org

Monies raised from the charity walk will be solely used for charitable use in connection with supporting Brain Injury Sufferers, their Recovery, Treatment and Carers. We would welcome any members of staff and friends on the walk.

yours Gratefully

Peter Dyer Trustee