

# The Lowestoft Bugle

**A locally owned and operated small business**

**PUBLISHED ON THE 15th OF EVERY MONTH – DEADLINE FOR COPY 5th OF THE MONTH**

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***The delightfully different & quirky  
FULL COLOUR, GLOSSY & FREE magazine with a growing  
print run (currently 4,000 copies) an estimated readership of  
16,000 - and enjoying an unrivalled network of outlets for any  
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***The Lowestoft Bugle can be picked up FREE at...***

## **Lowestoft**

**TESCO EXTRA Superstore GUNTON, LOWESTOFT Major Outlet**

**TESCO METRO London Rd North - Major Outlet. WAVENEY NEWS, High Street, Major Outlet**

Harvest Drive MOT Centre, Pinbush Road. Poppies Tea Rooms, Regent Road. Lowestoft Art Centre, High Street.

Jo Jo's Diner Bar, Triangle Market. A Piece of Cake Café, Triangle Market. Scott's Restaurant on Claremont Pier. East Coast Cinemas, London Road South. Joseph Conrad pub, Station Square. Jester's Diner, Normanston Park. Gunton Hall Country & Leisure Club. Village Rise Newsagents, Lowestoft North on Weston Road. Involve, Pinbush Close. The Triangle Tavern, High St. Lowestoft Museum, Oulton Broad (seasonal). Waveney & Suffolk County Council offices, (canteen) Riverside.

## **Kirkley**

**THE COCONUT LOFT Waterloo Road. KIRKLEY NEWSAGENTS, London Road South. Major Outlets**

The Green Lady Eco Store, LRS.. Kirkley Mill Health Centre. Windsor Gallery Art Supplies/Framing, LRS.

Desmonds Pizza House, LRS. Howards Tea Rooms LRS. The Kirkley Centre LRS. Lavender House Yoga , LRS

## **Pakefield**

Ferini Art Gallery. Mark's Barbers Shop. Nisa Supermarket. The Tramway Hotel. The Jolly Sailors pub, on the clifftop.

Yesterdaytime. London Road

**Blundeston** The Plough Inn. **Wangford** Wangford Farm Shop.

## **Oulton Broad**

The Mill House Holistic Therapy Centre The Ivy House Country Hotel, Ivy Lane.

## **Kessingland**

Sweet Retreat Tea Rooms, Beach Road. Sailor's Home pub, Beach Road. The Beach Hut stores, Church Road.

The Village Stores, Field Lane.

**Wrentham** Horse & Groom pub. Main A12 The Five Bells pub., Southwold Rd.

## **Carlton Colville**

**CO-OP FOOD STORE, Ashburnham Way. Major Outlet**

Village Stores, Field Lane. Carlton Colville Service Station. The Bell Inn. The EastAnglia Transport Museum.

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**We also publish the popular 4 TOWNS BUGLE MAGAZINE for Beccles Bungay Halesworth & Southwold plus surrounding villages - Out on 1st of the month. Deadline is 21st of the preceding month  
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