



**One
Life
Suffolk**

♥ **health
checks** ♥

Have you had your NHS HEALTH CHECK?

If you are aged **40-74 YEARS OLD** OneLife Suffolk could offer you a **FREE** NHS Health Check, including a blood pressure and cholesterol check to assess your general health and risk of diseases such as stroke, diabetes and heart disease.

Now available in Lowestoft & Kessingland

To find out more and to book your appointment please contact

OneLife Suffolk on 01473 718193 or
email info@onelifesuffolk.co.uk

Access Criteria:

- 40 - 74 years old
- Not had an NHS Health Check in the last 5 years
- No current diagnosis of heart disease, high blood pressure, high cholesterol, diabetes, stroke, kidney disease or vascular dementia



@OneLife Suffolk



OneLife Suffolk

Call: 01473 718193

Visit: www.onelifesuffolk.co.uk